



2018 NCPF/NCPA FALL CE INSTITUTES
FRIDAY, SEPTEMBER 28 & SATURDAY, SEPTEMBER 29
THE FRIDAY CENTER - CHAPEL HILL, NC



FRIDAY, SEPTEMBER 28 - INSTITUTES

Let's Talk About Gender Variance

LORI OSHRAIN, PH.D.

**Treating Trauma Survivors in Diverse Populations: Addressing Trauma Sequelae to Foster Resilience
and Cultivate Posttraumatic Growth**

NOGA ZERUBAVEL, PH.D.

SATURDAY, SEPTEMBER 29 - WORKSHOPS

Morning Workshops

Ethics Through Values and Self-Identity: If No One Were Watching*

Susan Hurt, Ph.D.

**The Intersection of Media Portrayals of Suicide and the Science of Prevention:
Ethical, Public Health and Clinical Practice Implications**

KURT D. MICHAEL, PH.D.

ERIC A. YOUNGSTROM, PH.D.

Afternoon Workshops

Are You and Your Practice Prepared for the Future?

Elena Eisman, Ph.D.

70 Tips for 70 Years: What Every Clinician Should Know

Suzanne Bates, Ph.D. (Co-moderator)

Leslie Branden-Muller, Ph.D.

Charles K. Burnett, Ph.D.

Catherine A. Forneris, Ph.D. (Co-moderator)

Mary Ann Garcia, Ph.D.

Sara Rosenquist, Ph.D.

Holly Savoy, Ph.D.

Richard Tedeschi, Ph.D.

Lauren Turner-Brown, Ph.D.

***INSTITUTES AND WORKSHOPS WITH AN ASTERISK (*) ARE INTENDED TO MEET THE NC PSYCHOLOGY BOARD'S ETHICS/LEGAL REQUIREMENTS FOR PSYCHOLOGISTS.**

FRIDAY, SEPTEMBER 28 – INSTITUTE NO. 1

Let's Talk About Gender Variance

Lori Oshrain, Ph.D.

Clinical Psychologist, Private Practice

Gender identity when confined to a binary, limits relating with one another and ourselves. Current notions envision the concept of gender as a spectrum or even perhaps a landscape. Many people still confuse gender with sexuality, though they are not the same. We will explore through didactic and relational avenues to gain a deeper understanding of gender non-conformity.

By the end of this Institute, participants will be able to:

1. define Gender non-conformity;
2. differentiate between gender, sex, sexuality, and gender role;
3. list strategies for confronting their own particular blocks to seeing gender variance;
4. explain the process of transition in individuals who choose to do so; and
5. list at least three surgical procedures for gender confirmation surgery in individuals who choose to do so.

Instructional Level: Basic **Educational Format:** Lecture with possible PowerPoint, Discussion, Q & A



Lori Oshrain, Ph.D. is a licensed Psychologist in private practice outside Chapel Hill, North Carolina. She received a B.A. in Anthropology from The University of Oregon and a Ph.D. in Clinical Psychology from UNC Chapel Hill. She has worked extensively with gender non-conforming individuals and couples, and has offered consultation, education and supervision for community groups, medical students, and therapists. She believes compassion can free us from shame, and that our differences make the world a better place.

INSTITUTES INFORMATION

Time: 9:00 am - 12:15 pm; 1:30 - 4:15 pm (includes lunch & breaks)

Credit: 6 hours Category 'A' Continuing Education Credit

Attendance: To receive credit, you must be present for the entire institute, and you must sign the sign-in and sign-out sheets. No partial credit can be given. No credit will be given to participants who are more than 15 minutes late at the beginning of the institute. No credit will be given to participants who leave before the close of the institute.

Fee: \$180 - NCPA Members & Other Professionals

\$155 - Early Career Psychologists (Graduated 2010 – Present)*

* Must be an NCPA Member

\$255 – Psychologists, non-NCPA Members

\$80 - Students/Interns (includes lunch and breaks; 10 slots available)

Please Note: An additional \$50 fee will be charged for any registrations received after NOON on Monday, September 24.

Friday, September 28 – Institute No. 2

Treating Trauma Survivors in Diverse Populations: Addressing Trauma Sequelae to Foster Resilience and Cultivate Posttraumatic Growth

Noga Zerubavel, Ph.D.

Assistant Professor of Psychiatry and Behavioral Sciences, Duke University

This institute is intended to provide clinicians and supervisors with a fundamental understanding of trauma, its various effects on individuals who experience trauma, and how to facilitate recovery processes. Trauma-informed care is a framework that underscores the influence of diversity on trauma exposure, and trauma experience. Participants will learn about the theoretical model of adaptation to trauma, and the long-term effects that trauma can have on emotional, cognitive, biological, behavioral, and interpersonal domains. The institute will enhance the competence of clinicians in conceptualizing trauma-related symptoms using a multicultural perspective, integrating an understanding of sociocultural contextual factors that affect how trauma is experienced and various pathways through which trauma sequelae are maintained. There will be an emphasis on how to facilitate recovery processes including resilience and posttraumatic growth.

By the end of this Institute, participants will be able to:

1. name 3 diagnoses that appropriately capture psychological symptoms that are sequelae of traumatic experiences and severe stressors;
2. demonstrate providing a multiculturally sensitive trauma-informed case conceptualization;
3. use a trauma-informed framework to convey understanding of the impact of experiences of institutional and personal discrimination and prejudice;
4. identify at least three factors that promote psychological resilience; and
5. define the concept of posttraumatic growth and name at least three relevant themes of posttraumatic growth.

Instructional Level: Intermediate

Educational Format: Lecture, discussion, small group exercises.

Noga Zerubavel, Ph.D. is a licensed psychologist and Assistant Professor in the Department of Psychiatry and Behavioral Sciences at Duke University Medical Center. Dr. Zerubavel is the Director of the Stress, Trauma, and Recovery Treatment (START) Clinic at Duke, which provides treatment for trauma-related disorders including PTSD, dissociative disorders, and other sequelae of trauma. She specializes in working with individuals who have experienced interpersonal victimization, including intimate partner violence and sexual trauma. She also works with individuals with mood, anxiety, and personality disorders in the Cognitive Behavioral Research and Treatment Program. Dr. Zerubavel has clinical expertise in cognitive behavioral and mindfulness-based approaches to psychotherapy, including dialectical behavioral therapy (DBT) and mindfulness-based cognitive therapy (MBCT), and supervises psychiatry residents and clinical psychology predoctoral interns and postdoctoral fellows in these approaches.



SPONSOR A GRADUATE STUDENT OR INTERN!

As part of our continuing commitment to connect psychology graduate students and interns with NCPA members, we encourage you to consider sponsoring a psychology student or intern at the 2015 Fall Conference. Sponsors may opt to:

- Cover the registration cost of a student or intern to attend ONE day at the Conference (Friday or Saturday) for **\$80**; **OR**
- Cover the registration cost of a student or intern to attend BOTH days for **\$150**.

The cost of a sponsorship includes lunch and refreshments. If you would like to be a sponsor, or are a student or intern looking to be matched with a sponsor, please mark the appropriate space on the registration form.

We are so grateful for the generosity of our sponsors; without **YOUR** valuable assistance, students and interns may not get the opportunity to attend this conference!!

Please Note: You do NOT need to attend the conference in order to be a sponsor.



STUDENT GRANT OPPORTUNITY

Opportunity to Help a NCPA Graduate Student Member

The NCPF Graduate Student Travel Grant assists NCPA graduate student members with travel expenses to present their research at conferences (not just NCPA). Each grant award is \$250. Contributions to this fund allow us to provide grants to more student members. If you would like to make a **tax deductible contribution** to be used for this program put it on the line marked Student Grant on the registration form.



EARLY CAREER & EXPERIENCED PSYCHOLOGISTS

NCPA is interested in helping Early Career Psychologists (ECPs) (degree received in the past 7 years) find support, advice and enhance their professional network by meeting each other and talking with experienced psychologists in the state. **Join us for lunch on Friday, September 28 and/or Saturday, September 29; there will be tables reserved for Early Career Psychologists and Experienced Psychologists at lunch both days.** If you are an experienced psychologist and would like to share information with ECPs please plan to sit at one of the reserved tables. There is a special registration fee for ECPs to attend the conference.

SATURDAY, SEPTEMBER 29

Please Select ONE Morning and ONE Afternoon Workshop

Workshop No. 1**Ethics Through Values and Self-Identity: If No One Were Watching***

Susan Hurt, Ph.D.

Clinical and Forensic Psychologist

** THIS WORKSHOP IS INTENDED TO MEET THE NC PSYCHOLOGY BOARD'S ETHICS/LEGAL REQUIREMENTS FOR PSYCHOLOGISTS.*

This workshop assumes that psychologists have learned the basic rules and nuts and bolts of the Ethics Code, HIPAA, and NC Psychology Practice Act for basic areas of psychology practice, such as client confidentiality, data security, and boundaries in the therapeutic relationship. Education regarding such topics typically includes the risk management format, whereby the Code, statutes, and rules, have been combed for any provisions, which may apply to clinical, professional, or administrative decision-making. This workshop seeks to explore psychologists' response to evolving demands, such as integration and the "information super-highway" through a different lens, that of self-identity and values. If there were no Code, no statutes, no Board, and no possibility of answering to a higher authority, how would you arrange your own practice? What would "informed consent" look like in your intake? What commitments would you make regarding confidentiality? What would be in your documents, where would your documents go, and for how long would they stay there? How would you respond to requests and demands to step outside the therapy room to aid a client in need (over the phone, by letters or fax, by appearing as an advocate?) If you really had to answer to no one but yourself, for fidelity to your own beliefs and values, what would you do?

By the end of this Workshop, participants will be able to:

1. identify the values that drive decision-making regarding informed consent, confidentiality, and boundaries in the therapeutic setting;
2. describe the values that drive decision-making regarding the usefulness of information, either entering or leaving the therapy room; and
3. identify and describe the relationships among prevailing treatment models on the one hand and the availability and/or demands for objective information on the other, from the perspective of the therapist's self-identity.

Instructional Level: Basic**Educational Format:** Discussion

Susan Hurt received her J.D. from Cornell Law School and practiced law for several years before becoming a psychologist. She received her Ph.D. from University of Virginia. She currently works as a clinical and forensic psychologist in three settings. Her primary responsibilities include pre-trial evaluations of individuals involved in the criminal justice system (Central Regional Hospital), pre-employment and fitness-for-duty evaluations for police and public safety employees (Law Enforcement Services, Inc.), and individual therapy and parenting capacity evaluations (Clinical and Forensic Psychological Services).

WORKSHOP INFORMATION**Time:** 9:00 am - 12:15 pm**Credit:** 3 hours Category 'A' Continuing Education Credit

Attendance: To receive credit, you must be present for the entire workshop, and you must sign the sign-in and sign-out sheets. No partial credit can be given. No credit will be given to participants who are more than 15 minutes late at the beginning of the workshop. No credit will be given to participants who leave before the close of the workshop.

Fee: \$190 - NCPA Members & Other Professionals

\$155 - Early Career Psychologists (Graduated 2010 – Present)*

* Must be an NCPA Member

\$255 – Psychologists, Non-NCPA Members

\$80 - Students/Interns (includes lunch and breaks; 10 slots available)

Please Note: An additional \$50 fee will be charged for any registrations received after **NOON on Monday, September 24.**

Saturday Morning

Workshop No. 2

The Intersection of Media Portrayals of Suicide and the Science of Prevention: Ethical, Public Health and Clinical Practice Implications

Kurt D. Michael, Ph.D., Aeschleman Distinguished Professor of Psychology, PI,
ASC Center University-School Partnerships, Appalachian State University

Eric A. Youngstrom, Ph.D., Professor of Psychology and Neuroscience, and Psychiatry
Acting Director of Center for Excellence in Research and Treatment of Bipolar Disorder,
University of North Carolina at Chapel Hill

In March of 2017, Netflix released the series 13 Reasons Why (13RW). 13RW is an adaptation of the novel 13 Reasons Why by Jay Asher. It tells the story of teenager Hannah Baker and her tragic spiral of despair, trauma, interpersonal isolation, and suicidal thinking that culminates in the graphic and extended visual depiction of her suicide. Prior to Hannah's death by suicide, she composes and disseminates 13 cassette tapes documenting her mostly retaliatory "reasons why." The tapes are incisive yet poetic diatribes directed at those she believed contributed to her demise. The graphic suicide scene is equally sharp, which is bookended by disturbing sequences of sexual assault, substance abuse, and a steady stream of emotional cruelty and naïve neglect perpetrated by all.

It could be argued that 13RW is art imitating life and that there is much to like about the series, most notably that it has raised awareness about these important issues. Indeed, as the producers pointed out in an epilogue (13 Reasons Why: Beyond the Reasons), they not only intended to entertain the audience but they wanted to tell a story that "resonates with young people," which they hoped would contribute to increased help-seeking behaviors such as contacting Crisis Text Line (Start 741-741) or calling the National Suicide Prevention Hotline (1-800-273-8255).

At the same time, there have been a number of serious criticisms of 13RW. Among the most commonly cited criticisms are that the displays of violence are gratuitous or that watching 13RW might trigger extreme distress, especially for those with undisclosed trauma or individuals who watch it alone without the ability to process the disturbing content.

Yet, despite these criticisms, people are flocking to watch 13RW. There have also been concerns that the depiction of suicide might lead to contagion, a phenomenon that has been documented in the literature. A study was published last summer that showed a significant spike in U.S. Internet searches on "how to kill yourself" in the 19 days after 13RW was released (Ayers et al., 2017).

So, there appear to be some significant gaps and contradictions between the portrayals of suicide in the media and the science and practice of suicide prevention. The workshop leaders will present 3 specific recommendations to promote the science of suicide prevention and ethical practice among researchers and clinicians.

By the end of this Workshop, participants will be able to:

1. summarize the epidemiology of suicide, including recent changes in rates;
2. list and plan affordable and feasible resources and techniques grounded in the science of prevention and early intervention; and
3. name and discuss ethical implications of risk identification and management.

Instructional Level: Intermediate

Educational Format: Lecture, interactive group discussion, video and written vignettes, worksheets

Dr. Kurt Michael is the Aeschleman Distinguished Professor of Psychology at Appalachian State University (ASU). He is currently serving as the Assistant Chairperson of Psychology. He was trained at the University of Colorado – Boulder (B.A., cum laude), Utah State University (M.S., Ph.D.), and Duke University Medical Center (Clinical Psychology Resident Internship). Dr. Michael teaches at the undergraduate and graduate levels, and his primary areas of research are school mental health, suicide prevention, psychotherapy outcome, depression, rural healthcare, and anxiety disorders.

Dr. Michael's empirical work has appeared in scientific journals such as: *Clinical Psychology Review*, *Professional Psychology: Research and Practice*, *BMJ Open*, *Teaching of Psychology*, *Children and Youth Services Review*, *Evidence-Based Mental Health*, *World Psychiatry*, *Behavior Therapy*, *Cognitive and Behavioral Practice*, *the Journal of the American Academy of Child and Adolescent Psychiatry*, and *The Lancet*.

Dr. Michael currently serves as an Associate Editor of the *Journal of Child and Family Studies* and is the Editor (JP Jameson, Co-Editor) of the first edition of *The Handbook of Rural School Mental Health* (Springer). He was appointed to the editorial board of the *Journal of Rural Mental Health*, an international peer-reviewed scientific outlet.

In addition to Dr. Michael's teaching and research interests, he is a practicing Licensed Psychologist. In 2006, he developed and implemented the Assessment, Support, and Counseling (ASC) Centers in rural western NC, an interdisciplinary school mental health partnership. The ASC Center was designed to serve our state's children and families while simultaneously providing professional workforce development. Under Dr. Michael's leadership, The ASC Centers have been awarded approximately 1.5 million dollars in federal grants and local contracts to support their operations. In 2014, Dr. Michael's long-term service to North Carolina was recognized when he received the Board of Governors' [James E. Holshouser, Jr. Award for Excellence in Public Service](#).

Finally, Dr. Michael consults with agencies on a national level regarding the development of crisis intervention and suicide prevention protocols for public school systems. He recently co-wrote a grant with colleague Dr. Denise Lovin, which was funded by the American Foundation for Suicide Prevention, to scale up local capacity to treat and manage suicidality using scientifically supported intervention procedures, or the Collaborative Assessment and Management of Suicidality (CAMS) Protocol.





Eric Youngstrom, Ph.D., is a professor of Psychology and Neuroscience and Psychiatry at the University of North Carolina at Chapel Hill, where he is also the Acting Director of the Center for Excellence in Research and Treatment of Bipolar Disorder. He is the first recipient of the Early Career Award from the Society of Child and Adolescent Clinical Psychology, and an elected full member of the American College of Neuropsychopharmacology. He is a fellow of the American Psychological Association (Divisions 5, 12, and 53), as well as the Association for Psychological Science and the Association for Behavioral and Cognitive Therapies. He consulted on the 5th Revision of the Diagnostic and Statistical Manual (DSM-5) and the International Classification of Diseases (ICD-11). He chairs the Work Group on Child Diagnosis for the International Society for Bipolar Disorders, along with the Advocacy Task Force.

He earned his PhD in clinical psychology at the University of Delaware, and he completed his predoctoral internship training at Western Psychiatric Institute and Clinic before joining the faculty at Case Western Reserve University.

Dr. Youngstrom is a licensed psychologist who specializes in the relationship of emotions and psychopathology, and the clinical assessment of children and families.

He teaches assessment and therapy, developmental psychopathology, research design, and multivariate statistics, and has earned the Tanner, Carl F. Wittke, Glennan Fellowship, and the Northeastern Ohio Teaching Awards.

His research improves the use of clinical assessment instruments for making better differential diagnoses, predictions about future functioning, or monitoring of treatment progress – especially for bipolar disorder. Dr. Youngstrom speaks internationally about pediatric bipolar disorder and assessment. He has published more than 275 peer reviewed publications about clinical assessment and emotion, and he has served on prominent editorial boards as well as providing ad hoc reviews for more than eighty psychology and psychiatry journals.

Dr. Youngstrom has received grants from the NIMH (continuous funding since 2002), the Ohio Department of Mental Health, and multiple foundations. He is Past President and President-Elect (second term) of the Society of Clinical Child and Adolescent Psychology, and Vice President of Education for the International Society of Bipolar Disorders. He is the co-founder of Helping Give Away Psychological Science (HGAPS), a 501c3 charitable service organization.

Saturday Afternoon Workshops – Select One

Workshop No. 1

Are You and Your Practice Prepared for the Future?

Elena Eisman, Ed.D., ABPP

The concept of health is expanding almost at the speed of the increase in technology. Even if you completed training five years ago, healthcare has already made some of your learning obsolete. The foundation of psychological training and practice serve as a good bedrock for affecting health and mental health but to really progress as a psychologist in the healthcare environment of the future there are new frontiers to explore and new skills to incorporate into your lists of services. These can make you a provider that can weather the changes and be at the forefront of delivering valued services. This workshop will discuss the changes happening now, the new areas of knowledge and skills best suited to profit from these changes and way to define your career and market your services that will lead to achieving an informed, valued, fulfilling and possibly cutting-edge practice. Discussion of change-management, risk, creativity, and environmental scanning will aid participants in contemplating the opportunities presented.

By the end of this Workshop, participants will be able to:

1. identify at least 3 factors influencing the trajectory of healthcare that they did not study in graduate school;
2. describe 3 new acquirable practice skills that positively impact disease management and health outcomes;
3. customize a template for demonstrating the value of integrating their services into primary or specialty care practices;
and
4. describe at least 3 new areas of practice that never existed before.

Instructional Level: Basic**Educational Format:** Lecture & Discussion

Elena J. Eisman, Ed.D., ABPP is the Director of the American Psychological Association's Center for Psychology and Health. The Center for Psychology and Health, an APA center of excellence, has as its mission to integrate and disseminate APA's work in the broadly defined area of psychology's contribution to health. In 2016, the Center was awarded a CMMI Cooperative Agreement to train and move 6000 psychologists toward integrated care and alternative payment models. Formerly, Dr. Eisman was the Executive Director for the Massachusetts Psychological Association for over 20 years. In that capacity, she worked extensively on psychology's role in state healthcare reform and served on statewide commissions, committees, and task forces. She chaired the Massachusetts Mental Health Coalition for 15 years. She held a faculty position at the Massachusetts School of Professional Psychology, worked as a private practitioner, as well as Chief Psychologist in a Community Mental Health Clinic. She has written and presented in the areas of healthcare, professional policy, advocacy, credentialing, and psychology education.

Afternoon Workshop No. 2**70 Tips for 70 Years: What Every Clinician Should Know**

Suzanne Bates, Ph.D. (Co-moderator)

Leslie Branden-Muller, Ph.D.

Charles K. Burnett, Ph.D., Ph.D.

Catherine A. Forneris, Ph.D. (Co-moderator)

Mary Ann Garcia, Ph.D.

Sara Rosenquist, Ph.D.

Holly Savoy, Ph.D.

Richard Tedeschi, Ph.D.

Lauren Turner-Brown, Ph.D.

Seven psychologists will share their "top ten" favorite tips in seven diverse areas of clinical practice. Each subject matter expert will highlight targeted information from their specialty area in a direct, practical approach, which the general clinician will find valuable and useful in their day-to-day psychotherapy practice with a wide range of populations and issues. This fast-paced 3-hour workshop will provide a series of live, local-expert, inspiring talks about a variety of fascinating and frequently encountered topics. The domains covered will include: chronic illness, trauma, sex therapy, autism spectrum disorder, working with LGBTQIA client, depression in adolescents, and anxiety in children and adolescents.

By the end of this Workshop, participants will be able to:

1. name the two common elements that are found in empirically supported treatments for child and adolescent anxiety;
2. apply a Vicious Cycle model for working with patients with chronic illnesses;
3. state three ways adolescent depression manifests qualitatively different than in adulthood;
4. identify two examples of appraisal or expectancies interfering with sexual arousal;
5. identify differences among levels of competent care from trans-friendly to affirming to knowledgeable;
6. recognize and describe how to approach clients with trauma histories as an expert companion; and
7. explain the variety of ways an Autism Spectrum Disorder (ASD) diagnosis can lead to challenges in daily living skills, and be able to describe the importance of the daily living skills in long-term outcomes for people with ASD.

Instructional Level: Intermediate

Educational Format: Lecture and discussion with PowerPoint slides

Suzanne Bates (Co-moderator) earned her Ph.D. in Clinical Psychology and completed a postdoctoral fellowship in diagnostics, with an emphasis on mood disorders. She is a member of the NCPA Continuing Education Committee and looks forward to offering a second workshop in this format. She is a practicing psychologist in Chapel Hill, NC.

Leslie Branden-Muller (Anxiety in children and adolescents), received her Ph.D. in Clinical Psychology and has been in private practice in Chapel Hill since 2000. She specializes in working with children and adolescents who present with a range of disorders, as well as with their parents and families. A significant percentage of her caseload is made up of clients who have anxiety disorders. Prior to working full time in private practice, Dr. Branden-Muller worked for many years on projects at the FPG Child Development Institute on programs that addressed social emotional skill building in school settings.

Charles Burnett (Chronic illness), earned his Ph.D. in Clinical Psychology and his doctorate in Public Health from UNC Chapel Hill. He specializes in the treatment of individuals with chronic illnesses. He is nationally known for his work with patients suffering from irritable bowel syndrome (IBS) and other gastrointestinal disorders.

Catherine Forneris (Co-moderator) earned her doctoral degree from the University at Albany-SUNY and her law degree from NC Central University. She is on faculty in the Department of Psychiatry and teaches and practices CBT and DBT for a wide range of clients and clinical issues.

Mary Ann Garcia (Depression in adolescents), received her PhD in clinical psychology from Loyola University Chicago. She is currently in practice with LeBauer Behavioral Medicine in Greensboro and has worked in both private practice and integrated health settings for more than 30 years. Dr. Garcia has extensive experience in the treatment of depression, anxiety and in working with separating/divorcing families. She is also happily serving a lifetime sentence as the President for the Guilford County Psychological Association.

Sara Rosenquist (Sex therapy), received her Ph.D. in Clinical Psychology from the University of Kentucky in 1986, completed her predoctoral internship in medical psychology at Duke University Medical center, and is a Board Certified Clinical Health Psychologist and Fellow of the Academy of Clinical Health Psychology. She is a member of the International Society for the Study of Women's Sexual Health and the International Society of Sexual Medicine as well as a sex therapist certified by the American Society of Sex Educators, Counselors, and Therapists (AASECT). She has published and presented nationally and internationally on topics related to the treatment of sexual and reproductive health. She has been in private practice since 1993 specializing in sexual and reproductive health concerns, which includes sexual dysfunctions, infertility challenges, pregnancy and couvade, as well as postpartum issues in men and women, adoptive and birth parents.

Holly Savoy (Working with LGBTQIA clients), received her Ph.D. in Counseling Psychology and has been in private practice in Charlotte for the past 12 years. Her practice specializes in working with adolescents and adults who identify as transgender and gender non-conforming, lesbian, gay, and bisexual. She supports clients as they explore identity, navigate aspects of coming out and transition, or simply seek an LGBTQ affirming and knowledgeable provider to navigate other life and mental health issues.

Richard Tedeschi (Trauma) is Professor Emeritus in the Department of Psychological Science at the University of North Carolina at Charlotte. He has published several books on posttraumatic growth, an area of research that he developed that examines personal transformations in the aftermath of traumatic life events. Dr. Tedeschi serves as a consultant to the American Psychological Association on trauma and resilience, is a Fellow of the Division of Trauma Psychology, and is Past President of the North Carolina Psychological Association.

Dr. Turner-Brown is the Assistant Director of the UNC TEACCH Autism Program. She has over 20 years of experience working directly with individuals with Autism Spectrum Disorder (ASD) across the lifespan. Her research has focused on development of developmental and behavioral interventions for individuals with ASD and their caregivers.

INFORMATION

Conference Registration Fee, Deadlines, and Refund Policy: The registration fee includes the institute(s) selected, refreshment breaks, and lunch each day. The deadline for registration is **Monday, September 24, 2018 at 12 NOON**. A \$50 late fee is added for registrations received after **12 Noon on September 24**. All refunds are minus a \$40 administrative fee. You will receive a full refund for cancellation before Thursday, September 20, 2018; a one-half refund by **Noon on Thursday, September 20, 2018**; and no refund **after Noon on September 27, 2018**.

Continuing Education Credit: The North Carolina Psychological Association is approved by the American Psychological Association to sponsor continuing education for psychologists. The North Carolina Psychological Association maintains responsibility for this program and its content. Each institute is offered for 6 hours of continuing education credit. & each workshop is offered for 3 hours of continuing education credit. The credits are Category "A" under the rules of the North Carolina Psychology Board.

Attendance Requirements: To receive credit, you must be present for the entire institute, and you must sign the sign-in and sign-out sheets. No credit will be given to participants who are more than 15 minutes late at the beginning of the morning and afternoon session. No credit will be given to participants who leave before the close of the institute/workshop.

Ethics & Legal: If a workshop or institute is intended to meet the NC Psychology Board's Ethics & Legal Requirements it will be noted under the title of the workshop or institute.

Facility Information: The Friday Center is located just off I-40 in Chapel Hill. Use the Highway #54 exit (273 A or B). Click here for directions: <https://fridaycenter.unc.edu/map-and-directions/>. Directions will be mailed to you with your conference confirmation & posted on www.ncpsychology.org.

Hotel Information: (NCPA has reserved a block of rooms at the Courtyard by Marriot next to the Friday Center. The hotel is making assorted rooms (King, Queen, etc.) available, so please book early. To reserve a room, call the hotel locally at 919.883.0700 or 1.800.321.2211 & remember to ask for the **Fall CE Conference September 2018 Block. We have a limited number of hotel rooms blocked so register early. After Friday, August 21**, rooms will be provided on a space-available basis at prevailing rates.) Additional hotels are posted on www.ncpsychology.org.

Special Needs: If you have special dietary needs (vegetarian, a medical issue, etc.) or physical requirements please make note of this on the registration form. **This must be received at least two (2) weeks in advance (September 14, 2018)**.

Student Sponsors: Please consider sponsoring a graduate student or psychology intern to attend the conference (limit = 10 slots per offering). See the information on p. 4.

Early Career Psychologists and Experienced Psychologists: Tables will be reserved during lunch for you to sit together and share information and ask questions. Information is on p.4.

Exhibitors: NCPF/NCPA is fortunate to have a number of exhibitors who support the conference. Please help us show our appreciation by visiting the exhibit area during breaks and meal hours. Thank You!

No Smoking: All institutes are non-smoking.

Program/Continuing Education Committee: Catherine Forneris, Ph.D., Chair; Suzanne Bates, Ph.D., Ann Louise Barrick, Ph.D., Chelsea Bartel, Ph.D., Michael Bigsby, Ph.D., Andrew Goff, Ph.D., Susan Hurt, Ph.D., Allyson Matt, Ph.D., Amy Mistler, Ph.D., Joanna Mussey, Ph.D., Cristin Saffo, Psy.D., Janet Savia, Psy.D., Richard Sparacio, Ed.D., Sandra Wartski, Psy.D., and Sally Cameron.

For Additional Information Contact:

Psychological Foundation, 1004 Dresser Court, Suite 106, Raleigh, NC 27609 Phone: 919.872.1005 Fax: 919.872.0805

2018 NCPF/NCPA FALL CE WORKSHOPS REGISTRATION FORM
REGISTRATION DEADLINE: MONDAY, SEPTEMBER 24, 2018 at NOON

Name _____ Degree _____
WILL APPEAR ON NAMETAG First Name Last Name

Address _____ City _____ State _____ Zip _____

Phone Number _____ Email _____

REQUIRED FOR CE EVALUATION

Profession (Psychologist, Social Worker, etc.) _____

FRIDAY INSTITUTES - Select ONE Institute (9:00 am – 4:15 pm; includes lunch & breaks):

Let's Talk About Gender Variance **OR** **Treating Trauma Survivors in Diverse Populations**

SATURDAY WORKSHOPS - Select ONE Morning and ONE Afternoon Workshop:

MORNING: 9:00 AM - 12:15 PM

AFTERNOON: 1:45 PM - 5:00 PM

Ethics Through Values & Self-Identity: If No One Were Watching*

Are You & Your Practice Prepared for the Future?

Media Portayals of Suicide & the Science of Prevention

70 Tips for 70 Years: What Every Clinician Should Know

**THIS WORKSHOP IS INTENDED TO MEET THE NC PSYCHOLOGY BOARD'S ETHICS/LEGAL REQUIREMENTS FOR PSYCHOLOGISTS.*

	<u>NCPA Members & Other Professions</u>	<u>Early Career Psychologists (NCPA Members Only)</u>	<u>Psychologist Non-NCPA Member</u>	<u>Students</u>
1 day, Fri. OR Sat.	\$190 _____	\$155 _____	\$255 _____	\$80 _____
**2 days, Fri. & Sat.	\$345 _____	\$275 _____	\$475 _____	\$150 _____
<u>Late Fee after 12pm on 9.24.18</u>	\$50 _____	\$50 _____	\$50 _____	\$50 _____

TOTAL PAID \$ _____

****A \$40 discount has been applied for attending both a Friday and Saturday Workshop (\$10 for students).**

___ **Graduate Student/Intern Sponsorship:** I will be a Sponsor for **1 day: \$80 _____** or **2 days: \$150 _____**

___ **I am a Graduate Student/Intern and would like a Sponsor; fill in name, etc. above and return form to NCPA.**

___ **NCPA Student Member Travel Grant:** I would like to make a **tax deductible** contribution (see p. 4) \$ _____

___ **Additional Lunch on Friday, September 28: \$30** ___ **Additional Lunch on Saturday, September 29: \$30**

TOTAL ENCLOSED \$ _____

___ **Special Needs** I have special needs (dietary/physical): _____

NCPA must be notified by 9.14.18

PAYMENT METHOD: Check Credit Card **If paying by credit card, please select one:** MasterCard Visa

For credit card payment, please complete the following

Name as it appears on card _____

Card Number _____ Exp. Date _____ CVV Number _____
3 DIGITS ON BACK OF CARD

Exact Billing Address _____ City _____ State _____ Zip _____

Signature _____

PLEASE SEND REGISTRATION FORM with either a check payable to NCPA or credit card information to: NCPA, 1004 Dresser Court, Suite 106, Raleigh, NC 27609 **OR** fax form to 919.872.0805 email questions: sally@ncpsychology.org **Note: Registration is not considered received unless it is accompanied by payment; spaces will NOT be held without payment.**