

APPENDIX J2 – Paper Evaluation Form

North Carolina Psychological Association

Using ACT to Treat Anorexia Nervosa (AN) or AN-Spectrum Behavior

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PARTICIPANT EVALUATION

Using the scale below, please answer each of questions 1-7 with a number 1 to 5:
ONE IS LOWEST AND FIVE IS HIGHEST

	1	2	3	4	5
	Poor		Adequate		Excellent
1. The physical facilities (e.g. room, equip. etc.) were:					_____
2. Instructional materials were:					_____
3. How well did this program meet your needs?					_____
4. How effective was this program at motivating you to continue learning in this area?					_____
5. How much did you learn as a result of this program? MANDATORY QUESTION					_____
6. How useful was the content of this CE program for your practice or other professional development? MANDATORY QUESTION					_____
7. The organization and presentation of the content was:					_____
8. Dr. Smith's knowledge of this subject is:					_____
9. Dr. Smith's teaching methods of the subject was:					_____
10. Did this program motivate you to continue to learn in this area?					_____

RATE HOW WELL YOU UNDERSTOOD THE LEARNING OBJECTIVES BY COMPLETING BEFORE AND AFTER WITH ONE CIRCLE IN EACH SECTION. ONE IS LOWEST AND FIVE IS HIGHEST

<u>Before</u>						<u>After</u>				
1	2	3	4	5	Am able to formulate anorexia nervosa (AN) from an ACT perspective.	1	2	3	4	5
1	2	3	4	5	Can state at least 3 challenges in treating individuals with AN and how to overcome these challenges in a model-consistent manner.	1	2	3	4	5
1	2	3	4	5	Am able to identify how to use ACT to maximize therapist flexibility when working with AN clients.	1	2	3	4	5

Over

Please answer the following:

1. WHAT WERE THE BEST FEATURES OF THE WORKSHOP?

2. WHAT WERE THE WORST FEATURES OF THE WORKSHOP?

3. SUGGESTIONS FOR IMPROVING THIS WORKSHOP:

4. SUGGESTED TOPICS AND SPEAKERS FOR FUTURE PROGRAMS:

5. HOW DID YOU FIND OUT ABOUT THIS WORKSHOP?

Your Profession _____

Years in Practice _____