DIVISION OF INDEPENDENT PROFESSIONAL PRACTICE
2017 PRACTICE CONFERENCE

SATURDAY, FEBRUARY 18, 2017
THE FRIDAY CENTER - CHAPEL HILL, NC

Morning Workshops: 9:00 am – 12:15 pm

The Role of Psychology in Moving the Needle on Integrated Care
Neftali Serrano, Psy.D.
Julie Austen, Ph.D.
Dennis C. Russo, Ph.D., ABPP

Executive Functions: Conceptual Foundations, Assessment, and Clinical Applications
Ken Benedict, Ph.D.

Afternoon Workshops: 1:30 – 4:45 pm

Chronic Pain: Understanding, Assessment, Intervention, and Collaboration
in Evolving Healthcare Systems
G. Lane Wagaman, Ed.D.

Neuropsychology of Cognitive Aging and Dementia - Advances
in Clinical Diagnosis and Treatment
Kathleen A. Welsh-Bohmer, Ph.D., ABPP

MEMBERSHIP LUNCHEON

The North Carolina Psychological Association is approved by the American Psychological Association to offer Category ‘A’ Continuing Education credit for psychologists.

~ AN OPPORTUNITY TO EARN SIX HOURS OF CATEGORY “A” CONTINUING EDUCATION CREDIT ~
Participants may attend ONE morning workshop & ONE afternoon workshop.

MORNING WORKSHOPS: 9 AM - 12:15 PM

The Role of Psychology in Moving the Needle on Integrated Care
Neftali Serrano, Psy.D.
Lead Consultant, Primarycareshrink.com

Julie M. Austen, Ph.D.
Licensed Psychologist, Behavioral Health Consultant
Piedmont Health Services

Dennis C. Russo, Ph.D., ABPP
Clinical Professor, Departments of Family Medicine and Psychology
East Carolina University

This panel presentation will seek to inform and motivate participants around the movement towards integrated care services. The panelists will provide the audience with an introduction to the prevailing trends in service models, the roles that psychologists and psychology currently play and the ways in which our profession can position itself to be a collaborative leader in this movement. Drawing from their experience, the panelists will discuss these aspects from the perspective of academic institutions, researchers, practice sites, and workforce development.

By the end of this Workshop, participants will be able to:
1. state the models of integrated care,
2. state the current roles that psychologists play in integrated care settings,
3. describe the roles that other professionals play alongside psychologists in integrated care settings,
4. describe the workforce issues that hamper the development of integrated care practice,
5. describe the skills of the psychologists of the future for work in integrated care settings,
6. state the key areas of research that can propel the integrated care movement forward,

Instructional Level: Intermediate

Educational Format: Lecture, Interactive, Discussion

About the Presenters

Dr. Neftali Serrano is the Lead Consultant for Primarycareshrink.com, an educational and consultation service aimed at increasing the proliferation of integrated primary care behavioral healthcare. Dr. Serrano has 16 years of experience as a provider of integrated services and as a program developer. Most recently he served as the Director of Clinical Training at the Center of Excellence for Integrated Care in North Carolina. He has devoted the majority of his career to working with federally qualified health centers (FQHC), starting integrated care programs and consulting with clinics in underserved settings. Dr. Serrano’s research interests include program development evaluations and outcome studies related to PCBH, particularly in underserved settings. In 2014 Dr. Serrano edited an e-book, “The Implementer’s Guide to Primary Care Behavioral Health,” a practice management handbook.
Dr. Julie Austen is a Health Psychologist serving as an integrated behavioral health consultant at Piedmont Health Services, a federally-qualified health center located in central North Carolina. Dr. Austen has a specialty degree in Pediatric School Psychology and cross-training in clinical behavioral medicine. Her primary clinical interest is integrated behavioral health consultation with adults and children in rural settings. Dr. Austen’s research interests include assessment and implementation of systemic interventions across sectors that serve children. She is also interested in teaching, consultation, and program development.

Dr. Dennis C. Russo is Clinical Professor in the Departments of Family Medicine and Psychology at East Carolina University. He also holds appointment as Head of Behavioral Medicine, Department of Family Medicine in the Brody School of Medicine at East Carolina University. He is Principal Investigator on a three-year grant, Prepare for Practice: Integration of Future Psychologists into Rural, Primary Healthcare Settings and Co-principal Investigator on a second new project, Healthier Lives at School and Beyond: Linking School-Based Health Centers to Expand Resources for Care and Counseling, from the U.S. Health Resources and Services Administration focused on the development of integrated care services, also funded by the U.S. Health Resources and Services Administration. He has lectured extensively both internationally and nationally and has published over 90 articles, books, and chapters on integrated care, behavioral medicine, health psychology, pediatric psychology, rehabilitation, and autism.

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**Executive Functions: Conceptual Foundations, Assessment, and Clinical Applications**
Ken Benedict, Ph.D.

The term “executive functioning” has become an increasingly recognized construct in the field of neuropsychology and the practice of psychology in general. From a historical perspective, the study of executive functions has its roots in the assessment and treatment of individuals with various forms of head injury or medical-neurologic disorders, although over the last two decades the study of neurodevelopmental disorders has become another central thrust in the understanding of executive functions. Concurrently, the burgeoning interest in executive functions has also resulted in the application of this concept to a number of well-established psychiatric disorders.

This workshop will review the convergence of research and practice related to acquired, developmental, and psychiatric disorders that bear on executive functioning, and hence the material presented will apply to children, adolescents, and adults. Encompassed within this foundational context will be a more specific review of the broad array of different executive functions, with an appreciation of the need for greater clarity of terms and an organizational heuristic. Some of the most effective assessment tools currently available for evaluating executive functions will be examined, and clinical examples and applications that are relevant not only for the neuropsychologist, but for any mental health professional involved in assessment and treatment of psychiatric and psychological disorders, will be provided.
By the end of this Workshop, participants will be able to:

1. identify the historical underpinnings related to the most current conceptual understandings of executive functioning;
2. appreciate similarities and differences between executive functioning weaknesses in acquired, developmental, and psychiatric disorders;
3. understand the scope of different types and subtypes of executive functions, and identify at least two of the models that have been proposed for organizing them;
4. identify the most widely used and normed standardized assessment instruments for evaluating executive functioning at various chronological and developmental ages;
5. state ways of evaluating executive functioning at a behavioral and clinical level in the absence of standardized assessment tools; and,
6. identify the options available to help support and attenuate problems with executive functioning and apply them, as might be relevant, to participants’ clients

About the Presenter

Dr. Ken Benedict is Founder and Co-Director of the Center for Psychology & Education, PLLC. He is a Licensed Psychologist and Certified Health Care Provider in North Carolina. His interests and specialties include: psychological, psychoeducational, and developmental neuropsychological assessment with students who are three years of age or older, into adulthood; parent and school consultation; adolescent development; individual and family therapy; and pre-trial and post-conviction legal evaluations in capital cases. He has over 20 years of experience working with students who present with neurodevelopmental disorders including: attention and/or the full spectrum of learning disorders; pervasive developmental disorders; and traumatic brain injuries. He has a specific interest in students who are intellectually gifted and of “twice exceptional status.” Ken also enjoys consulting with public and private schools in developing appropriate student support plans, and with standardized testing agencies in the role of policy development and disability documentation reviews.

Ken's undergraduate training in psychology was completed at Dartmouth College; he received his master's and doctoral degrees from the University of North Carolina at Chapel Hill and completed clinical internships and postdoctoral training at Harvard Medical School, based primarily at the Massachusetts General Hospital in Boston, with secondary rotations at Mass Mental, McLean Hospital, and Boston’s Children’s Hospital. Before starting the Center for Psychology and Education, Ken worked in the Psychiatry Department at Massachusetts General Hospital, and locally at Chapel Hill Pediatric Psychology and North Carolina Neuropsychiatry. He has also held adjunct appointments at UNC where he has been involved in graduate-level teaching of developmental psychopathology and supervision of clinical psychology students.

Instructional Level: Intermediate

Educational Format: Lecture, Case Examples, Discussion
**12:15 PM: LUNCH & ANNUAL DIPP MEETING**

Both lunch and the Annual DIPP Meeting are included with registration and open to all conference participants.

AFTERNOON WORKSHOPS: 1:30 - 4:45 PM

Chronic Pain: Understanding, Assessment, Intervention, and Collaboration in Evolving Healthcare Systems
G. Lane Wagaman, Ed.D.

One of the great and rapidly growing challenges in modern health care is the evaluation and appropriate management of patients with chronic pain. Recent healthcare system emphases also highlight the importance of pain management/recovery with minimized use of prescribed opioid analgesic medications. These challenges and changes significantly enhance opportunities for appropriately trained and experienced adjunctive healthcare participation in the evaluation and care of patients with chronic pain. This workshop, using lecture and discussion, will address the differences among procedural, acute and chronic pain, emphasize the difference between pain and suffering, review pain assessment and intervention strategies, and discuss the importance of integration and collaboration in pain management, recovery and intervention.

**By the end of the Workshop, participants will be able to:**
1. explain the importance of an appropriately comprehensive physical/medical examination with respect to chronic pain before initiating psychological intervention;
2. identify the pain-related functions of three regions of the brain;
3. state the differences between nociceptive and neuropathic pain experience;
4. identify the psychological characteristics related to the experience of acute and chronic pain;
5. identify the behaviors descriptive of two common patient-presented, yet ineffective, pain management strategies; and
6. list at least five general principles of pain/discomfort management.

**Instructional Level:** Intermediate

**Educational Format:** Lecture, Discussion

**About the Presenter**

**Dr. G. Lane Wagaman** is a licensed psychologist/health services provider psychologist in independent private practice with HRC Behavioral Health and Psychiatry at Carolina Rehabilitation and Surgical Associates in Cary, and is Clinical Associate Professor and Preceptor, Family Medicine Residency Program, West Virginia School of Osteopathic Medicine and Allied Health Staff, Greenbrier Valley Medical Center, Lewisburg, WV. He earned his Ed.D. at West Virginia University and is a member of numerous professional organizations including the American Psychological Association, American Society for Clinical Hypnosis, Society of Clinical and Experimental Hypnosis; Diplomate, Academy of Integrative Pain Management; Invited Independent Member, Association of State and Provincial Psychology Boards; Past President and Past APA Council of Representative for West Virginia Psychological Association; Past Member and Past President, West Virginia Board of Examiners of Psychologists; Member, North Carolina Psychological Association and Division of Independent Professional Practice. Areas of particular clinical interest include health care integration, the psychological and medical uses of clinical hypnosis, teaching clinical hypnosis, primary and chronic condition care in behavioral medicine, and pain recovery.

**Neuropsychology of Cognitive Aging and Dementia - Advances in Clinical Diagnosis and Treatment**

Kathleen A. Welsh-Bohmer, Ph.D., ABPP

Considerable advances have been made in the neuropsychological understanding of normal cognitive aging and brain diseases such as Alzheimer’s disease. In addition, the development of imaging and fluid biomarkers of Alzheimer’s disease makes it possible to diagnose the disorder early in its course, well before the neuropathology underlying it has become entrenched. This ability to identify disease early and distinguish it from the more benign effects of aging presents care advantages but also poses some clinical challenges. This workshop will begin by discussing the clinical neuropsychological distinctions between cognitive aging and early neurodegenerative disease. We then will consider the advances in brain imaging and fluid biomarkers that can be used to augment diagnosis and guide current management decisions. We conclude by discussing treatments for memory disorders and current research efforts to accelerate therapeutic compound development to prevent the onset of AD and related memory disorders.

**By the end of this Workshop, participants will be able to:**
1. state the key neuropsychological differences between cognitive aging and Alzheimer’s disease;
2. describe the genetic risk factors for developing late onset AD;
3. be able to describe the fluid and imaging biomarkers available to facilitate early diagnosis of AD;
4. discuss how combining clinical, imaging, and fluid biomarkers provide strategies for care;
5. consider the limits of the tests, the ethical challenges, and current guidelines for practice;
6. be able to describe current treatment strategies, both pharmacological and non-pharmacological to optimize cognitive function at the individual level; and,
7. be able to discuss research strategies to accelerate therapeutic compounds to delay AD onset

**Instructional Level:** Basic to Intermediate

**Educational Format:** Lecture with case examples, PowerPoint and video

**About the Presenter**

**Dr. Kathleen Welsh-Bohmer** is a Professor of Psychiatry and Neurology as well as the Chief of the Medical Psychology CPU, the professional home for the over 200 academic psychologists within Duke Medical Center. Clinically trained as a neuropsychologist, her research activities have been focused around developing effective prevention and treatment strategies to delay the onset of cognitive disorders occurring in later life. Since 2006 she has directed the Joseph and Kathleen Bryan Alzheimer’s Center in the Department of Neurology, where she leads a large multidisciplinary team focused on discovering the biological basis of Alzheimer’s disease and developing methods to enhance early diagnosis and speed drug discovery. Currently, she oversees the neuropsychology scientific operations of a Phase III global clinical trial to delay the onset of Alzheimer’s disease entitled the “TOMMORROW” study (Takeda Pharmaceutical Company funded). The methods her team is developing for this study fill an information void and have implications for accelerating global clinical trials in Alzheimer’s disease prevention.

**CONFERENCE INFORMATION**

**DATE AND TIME:** Saturday, February 18, 2017
8:30 am: Registration and refreshments
9:00 am - 12:15 pm: Morning Workshops
12:15 pm: Lunch & Annual DIPP Meeting (included in registration & open to all conference participants)
1:30 - 4:45 pm: Afternoon Workshops

**REGISTRATION DEADLINE AND REFUND POLICY**
Pre-registration is required. The deadline for registration is **NOON on Monday, February 13, 2017**. Any registration not received by 12:00 pm on February 13th will be charged an additional $50 late fee. **Registration includes refreshments and lunch. Refund Policy:** You will receive a full refund* if you cancel by Thursday, February 9; you will receive a one-half refund* if you cancel before noon on February 13; and no refund after 12:00 noon on Monday, February 13.  **A $50 processing fee is deducted from all refunds.**

**FACILITY INFORMATION**
The Friday Center is located just off I-40 in Chapel Hill. Use the Highway #54 exit and go approximately one mile toward Chapel Hill. Follow the signs to The Friday Center. Directions are included with the registration confirmation mailed to you, on [www.ncpsychology.org](http://www.ncpsychology.org), and The Friday Center website.
HOTEL INFORMATION
The Courtyard by Marriott Chapel Hill is offering a special group rate of $139.00 a night to DIPP Conference attendees. To reserve a room at this rate, you will need to 1) request the DIPP Conference 2017 block, and 2) book your room by January 18, 2017. To reserve a room at this special rate, please call 919.883.0700 or 1.800.321.2211. To reserve your room online go to www.marriott.com/RDUCH.

SPECIAL NEEDS
If you have special dietary needs (vegetarian, etc.) or physical (medical issues, etc.), please note this on the registration form. We must receive this information by February 9, 2017.

CONTINUING EDUCATION INFORMATION
These workshops are sponsored by the North Carolina Psychological Association (NCPA). NCPA is approved by the American Psychological Association to offer Continuing Education (CE) for psychologists. NCPA maintains responsibility for this program and its content. Each workshop is offered for 3 hours of Category ‘A’ credit.

ATTENDANCE REQUIREMENT FOR WORKSHOP CREDIT
To receive continuing education credit, you must attend the ENTIRE workshop. No credit will be given to participants who are more than 15 minutes late at the beginning of the workshop. You must be present at the close of the workshop, and sign the sign-in/sign-out sheets. Please do not ask the staff to be excused early. Thank you.

FOR FURTHER INFORMATION
Contact the NCPA Division of Independent Professional Practice:
phone: 919.872.1005  fax: 919.872.0805  email: carol@ncpsychology.org
REGISTRATION FORM

Name: ___________________________ Degree: ________
(As Shown On NameTag) First Name Last Name

Address: __________________________

City: ____________________________ State: ________ Zip: ________

Phone Number: ____________________ Email: __________________________

Email REQUIRED For CE Evaluation

Profession (Psychologist, Social Worker, etc.):

Please select ONE morning workshop & ONE afternoon workshop:

**MORNING**

☐ The Role of Psychology in Integrated Care
☐ Executive Functioning

**AFTERNOON**

☐ Chronic Pain: Assessment & Clinical Application
☐ Neuropsychology of Cognitive Aging and Dementia

PLEASE CHECK THE APPROPRIATE REGISTRATION FEE:

☐ Division Members - $130
☐ NCBA Members - $180
☐ Early Career Psychologists (For NCBA Members Only) - $135
☐ Non-Psychologist Members of Other Professional Associations - $180
☐ Psychologist Non-Members & All Others - $250
☐ Add $50 after NOON on MONDAY, FEBRUARY 13, 2017

TOTAL ENCLOSED: $________

NOTE: Spaces cannot be reserved without payment. Dues must be paid for member rate.

Please indicate any special needs – dietary, physical, etc. – by NOON on 2.9.17

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PAYMENT METHOD Please Circle One: Check Visa MasterCard

For credit card payment, please complete the following:

Name as it appears on card __________________________

Card Number __________________________

Exp. Date __________________________ CVV # __________________________
(3 digits on back of card)

Billing Address __________________________

City __________________________ State ________ Zip __________

Signature __________________________

MAIL THIS FORM with a check payable to NCBA DIPP or with your credit card information to:

NCBA DIPP OR FAX to 919.872.0805
1004 Dresser Court, #106 EMAIL to carol@ncpsychology.org
Raleigh, NC 27609 Spaces cannot be reserved without payment