Projective Identification Goes to the Movies:
Projective Identification in Group Psychotherapy

Presented by Joseph Shay, PhD

May 3 – 4, 2014

Duke University · Stedman Nutrition Building · Center for Living Campus
Durham, NC 27705

Workshop Theme

This presentation will examine the complicated and often misunderstood concept of projective identification through the use of movie and TV clips. Included are segments from Good Will Hunting, The Simpsons, Rebel without a Cause, Breakfast Club, 12 Angry Men, In Treatment, Sex and the City, and others. Objectives include sharpening the definition of projective identification, recognizing its presence in group psychotherapy, as well as individual and couples psychotherapy, and learning to intervene more effectively when it exists. Recognizing projective identification in the group psychotherapy process can help the therapist make sense of otherwise confusing interactions. Working therapeutically with projective identification, either by interpreting it or by washing the projection of its grime and then returning a cleaner version to the individual or group can be extremely beneficial in treatment. (Rated “R”)

Objectives of the Workshop

1. Define projective identification.
2. Appreciate the different definitions of projective identification.
3. Recognize projective identification in action in group therapy.
4. Learn to intervene more successfully when projective identification is present.
5. Recognize common countertransference reactions in the presence of projective identification.
6. Increase knowledge about group dynamics and process by participating in the small groups and observing the behavior of group, the leader, and self.
7. Apply concept of projective identification to the understanding and experience of the small group experience.

Methods of the Workshop

Various methods will be used to integrate the information and experiences of the workshop, and to personalize the material. These include lectures, clinical examples, film clips, and discussion. In addition, participants will become familiar with the concepts through their small group experiences.
About the Presenter

Joseph Shay, PhD is in private practice in Cambridge, MA. He is on the staff of the joint McLean Hospital/Massachusetts General Hospital training program, and is an Instructor in Psychology in the Department of Psychiatry at the Harvard Medical School. He is on the faculty of the Northeastern Society for Group Psychotherapy, the Psychoanalytic Couple and Family Institute of New England, and the MGH Center for Psychodynamic Therapy and Research. He has co-edited *Odysseys in Psychotherapy* as well as *Complex Dilemmas in Group Therapy* (with Lise Motherwell), now in its second edition. Dr. Shay has also co-authored the 4th and 5th editions of *Psychodynamic Group Psychotherapy* with Scott Rutan and Walter Stone. Dr. Shay has presented nationally and internationally on topics related to individual, couples, and group psychotherapy.

Workshop timetable

Saturday 8:30am – 5:00pm (Registration 8:30-9:00)
Sunday 8:30am – 5:00pm
(On both days, breakfast 8:30-9:00 and lunch 12:30 – 1:30)

Workshop fees

The fees include continental breakfast, refreshments and lunch on both days.

- $230  CGPS Member ($200 by April 11, 2014)
- $280  New and renewing member ($250 by April 11, 2014)
- $280  Non-member
- $100  Full-time student (includes membership)

The early bird discount rate applies to registrations received by April 11, 2014.

You will receive a full refund for cancellation by Friday, April 25, 2014. After this date there is no refund but you may send a substitute.

Scholarship aid is available based on financial hardship. To apply for scholarship aid, contact the workshop coordinator.

**Please register online if possible:** [www.carolinasgps.org](http://www.carolinasgps.org)  Otherwise send a check made payable to the workshop coordinator.

**CEUs:** Available for psychologists. All others will receive a Certificate of Attendance. The workshop is co-sponsored by the North Carolina Psychological Association and CGPS (Carolinas Group Psychotherapy Society). The North Carolina Psychological Association is approved by the American Psychological Association to sponsor continuing education for psychologists. The North Carolina Psychological
Association maintains responsibility for this program and its content. The workshop is offered for 12 hours of Continuing Education credit.

**Small group leaders**

Russ Hopfenberg, PhD

Elizabeth Jackson, LCSW

Mardy Ireland, PhD

**Workshop Coordinator**

Esther Robie  Email: [WorkshopCoordinator@carolinagps.org](mailto:WorkshopCoordinator@carolinagps.org)

Phone: 919-630-5038

720 Lynn Road

Raleigh, NC  27703

Participation in the workshop is an integral part of the learning process. Participants are expected to be present for all group sessions as much as is humanly possible.

**Workshop - Registration Form CGPS**

Projective Identification Goes to the Movies

Name:
Address:
Phone:
E-mail:
Occupation:
Special dietary requirements:

**Workshop Fees**

$230  CGPS Member ($200 before April 11, 2014 )

$280  New and renewing member

$280  Non-member ($250 before April 11, 2014)

$100  Full-time student (includes membership)

Donation to CGPS scholarship Fund ________

Total enclosed ________

To apply for a scholarship, contact Workshop Coordinator, Esther Robie.

**Register online at carolinagps.org.  Payment by PayPal is available.**

Checks should be made payable to:
**Carolinas Group Psychotherapy Society**

Mail to: Workshop Coordinator

Address as above
Workshop timetable

Saturday 9:00am – 4:45pm (registration, coffee and snacks 8:30 – 9:00am)
Sunday 9:00am – 5:00pm (coffee and snacks 8:30am – 9:00am)

Register today! Book early; attendance is limited.

Online: www.carolinasgps.org

Or contact Workshop Coordinator.

Carolinas Group Psychotherapy Society is an affiliate society of the American Group Psychotherapy Association (AGPA). We seek to promote and enhance skills in group therapy and organizational group dynamics while supporting professionals working to improve the mental health and interpersonal skills of persons in the Carolinas.